

FIT'NG Conference (Panama City)

2026 Program-at-a-Glance

Program is subject to change

Time	Friday		Saturday	
	10-Jul		11-Jul	
7:30 AM				Breakfast with Professors 7:30am - 8:30am
8:30AM		Welcome & FIT'NG Society Updates		Symposium Session 8:30am - 10:00am
8:45 AM		Oral Session 1 8:45am - 10:00am		
9:00 AM				
9:15 AM				
9:30 AM				
9:45 AM				
10:00 AM		Coffee Break 10:00am - 10:30am		Flash Talks 10:00am - 10:15am
10:15 AM		Symposium Session 10:30am - 12:00pm		Poster Session #2 and coffee break 10:15am - 12:00pm
10:30 AM				
10:45 AM				
11:00 AM				
11:15 AM				
11:30 AM		Lunch Break Offsite 12:00pm - 1:30pm		Lunch Break Offsite 12:00pm - 1:30pm
11:45 AM				
12:00 PM				
12:15 PM				
12:30 PM				
12:45 PM		Keynote Presentation 1:30pm - 2:30pm		Oral Session 3 1:30pm - 2:45pm
1:00 PM				
1:15 PM		Flash Talks 2:30pm - 2:45pm		Think Tank: Elephants in the Room 2:45pm - 4:15pm
1:30 PM		Poster Session #1 and coffee break 2:45pm - 4:30pm		
1:45 PM				
2:00 PM				
2:15 PM				
2:30 PM		Oral Session 2 4:30pm- 5:45pm		Coffee Break 4:15pm-4:45pm
2:45 PM				
3:00 PM				
3:15 PM				
3:30 PM				
3:45 PM		President's Reception 6:00pm -7:00pm		Oral Session 4 4:45pm - 6:00pm
4:00 PM				
4:15 PM				
4:30 PM				
4:45 PM				
5:00 PM		Trainee Committee Social Event 8pm		Closing and Awards 6:00pm-6:15pm
5:15 PM				
5:30 PM				
5:45 PM				
6:00 PM				
6:15 PM				
6:30 PM				
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8:30 PM				
8:45 PM				
9:00 PM				

Registration/Information Desk Open

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